

INSTRUCTIONS FOR USE (INSERTION)



COMFORTEAR® LACRISOLVE™ 180 ABSORBABLE PUNCTUM PLUGS

INSERTION

- a. Inspect the patient's punctum in an effort to determine which size plug to use.
- b. Remove a sterile packet from the box, peel open the pouch and remove the foam holder containing the Comfortear® Lacrisolve™ 180 Absorbable Punctum Plugs.
- c. While using magnifying loupes or slit-lamp, have the patient look away from the point of insertion.
- d. Use a jeweler's type forceps to remove one of the plugs from between the grooves in the foam holder.
- e. Apply traction with a cotton tip applicator to avert the eyelid and clearly view the punctum.
- f. Guide the plug partially into the punctum and release the forceps (Fig. 1).

Apply lateral traction with the cotton tip applicator to straighten the angle between the vertical and horizontal canaliculus (Fig. 2).

- h. Use the tips of the forceps to push the plug out of sight into the horizontal canaliculus, approximately 4-6 mm beneath the punctum (Fig. 3).
 - i. Blinking and normal tear flow cause the plug to migrate down into the horizontal canaliculus (adjacent to the common canaliculus).
 - j. Repeat the same procedure for each remaining punctum. After insertion, inspect each punctum to ensure the plugs are not protruding (Fig. 4).
- Unused plugs should be discarded. Plug insertion (Fig. 1-4) is the same for inferior and superior puncta.

FOLLOWING PLACEMENT

Patients should feel little or no discomfort following plug placement.

For patients experiencing irritation or tearing after plug insertion, consider the use of a sterile probing device to confirm proper placement within the horizontal canaliculus (4-6mm beneath the punctum). A single drop of a suitable topical antibiotic may be instilled prophylactically in an effort to prevent complications related to plug insertion.

CONSIDERATIONS

During insertion, care should be taken so not to perforate the canaliculus with the forceps. Perforation can increase the risk of infection. If perforation occurs, delay the plug insertion until the wound heals.

DISCLOSURE

Before placing or removing the Comfortear® Lacrisolve™ 180 Absorbable Punctum Plugs, patients should be informed about benefits, risks, and alternatives. Have patients sign an informed consent form to document receipt of information.

REMOVAL

Should plug removal be required prior to the normal dissolution of the Comfortear® Lacrisolve™ 180 Absorbable Punctum Plugs, consider pressure irrigation (Fig. 5) for plug removal. In rare cases, when this method proves unsuccessful, surgical removal may be required.

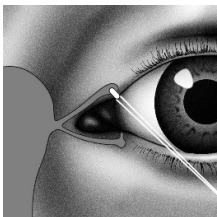


Fig.1

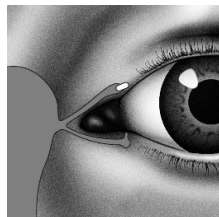


Fig.2

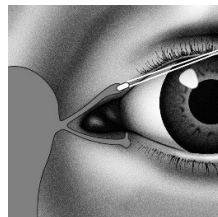


Fig.3

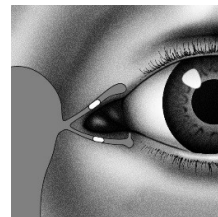


Fig.4

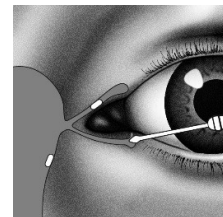


Fig.5

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